**Our Daily Routine**

**Older Toddler/Preschooler (24 months and older)**

* **7:30 - 8:30 drop-offs, welcome children, free-play, breakfast begins**
* **8:30 - 9:00 breakfast, clean-up/wash-up**
* **9:00 - 9:30 circle-time (Mother Goose Time Pre-education Curriculum)**
* **9:30 - 10:00 arts and crafts, story-time, various learning games**
* **10:00 - 10:30 music, song and dance, tumbling exercises**
* **10:30 - 12:00 outside play-time (weather permitting) / Indoor free play**
* **12:00 - 12:30 free-play and/or structured-play, interactive video (Little Einstein's, Blue's Clue's, etc.)**
* **12:30 - 1:00 lunch time, clean-up/wash-up, brush teeth, and get on mats**
* **1:00 - 3:00 rest-time and/or quiet-time**
* **3:00 - 4:00 free-play and/or structured-play, puzzles, books, various learning toys, etc.**
* **4:00 - 4:30 afternoon snack, clean-up/wash-up**
* **4:30 - 7:00 pickups, outside play (depending on season), coloring, play-dough, toys, story-time, etc.**

**Infant/Young Toddler (younger than 24 months)**

**Throughout each day we practice on reaching, grasping, rolling, sitting, crawling, standing, walking, climbing, throwing, catching, kicking, cooing and talking; whichever developmental stage your child happens to be in at the time. For a younger child still taking three naps a day, a third nap can be incorporated into their late afternoon schedule.**

* **7:30 - 8:30 drop-offs, welcome children, free play, Breakfast begins**
* **8:30 - 9:00 breakfast, clean-up/wash-up**
* **9:00 - 10:00 naptime (depending on age), flash cards, arts and crafts, story-time, stacking blocks**
* **10:00 - 10:30 music, song and dance, games**
* **10:30 - 12:00 outside play-time(weather permitting) / Indoor free play**
* **12:00 - 12:30 free-play and/or structured-play, interactive video (Baby Einstein, or Blue's Clue's)**
* **12:30 - 1:00 lunch time, clean-up/wash-up, brush teeth (when applicable), nestle into cribs**
* **1:00 - 3:00 rest-time and/or quiet-time**
* **3:00 - 4:00 free-play and/or structured-play, books, flash cards, various learning toys, etc.**
* **4:00 - 4:30 afternoon snack, clean-up/wash-up**
* **4:30 - 7:00 pickups, outside play (depending on season), puzzles, musical & dance, storytime, etc.**